

APPLIED PHYSIOLOGY AND KINESIOLOGY (60 Credits)**Guided Pathway: Associate of Arts; Concentration: Applied Physiology and Kinesiology (FULL TIME).**For more information, visit www.fgc.edu and your academic advisor.

Meta-major: Health Sciences

University Transfer: **FSU, UF**

The **Associate of Arts** degree is a collegiate degree program consisting of lower-division courses intended for transfer to baccalaureate programs at the universities listed aboveⁱⁱ. This plan is for those who are interested in earning a baccalaureate degree in **Applied Physiology and Kinesiology**.

This is the sequence of courses for students interested in majoring in **Applied Physiology and Kinesiology** at one of the universities listed above. It does not represent a contract, nor does it guarantee course availability or entry into your university of choice. This pathway presents classes needed for your baccalaureate degree in **Applied Physiology and Kinesiology**. Courses that complete the degree are listed below. As always, visit your academic advisor each semester to help you keep on track for graduation.

Note: All AA degrees must satisfy the Foreign Language requirement for graduation. Please see catalog**FULL-TIME
PATHWAY****SEMESTER BY SEMESTER MAP FOR FULL-TIME STUDENTS**

SEMESTER 1		ACTION ITEMS
ENC 1101 – Freshman Composition I ^{iv} (Communication core)		<ul style="list-style-type: none">Meet with your advisor to confirm academic and career goals by the end of the semester.REQUIRED: Complete the Computer Competency course within Canvas.Signup for and pass the Florida Civic Literacy Exam.Consult your advisor to make sure you have met the Foreign Language requirement.At the end of the semester, begin research on college and universities where you want to seek to transfer. Meet with a career advisor/coach to research your career options with a degree in Applied Physiology and Kinesiology.Remember to start collecting artifacts from your courses for your Academic & Career Portfolio in SLS 2370Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">You can start the FAFSA in October for the next academic year. (i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024)
Choose one: AMH 2020 – US History from 1865 OR POS 1041 – American Government ^{iv} (Social Science & civic literacy)		
MAC 1105 – College Algebra (Mathematics core)		
BSC 2010C – General Biology I with Lab (Biological Science Core/Prerequisite) (4 cr)		
TOTAL SEMESTER CREDIT HOURS: 13		
SEMESTER 2		ACTION ITEMS
Choose one: ENC 1102 – Freshman Composition II OR CRW 2001 – Creative Writing OR ENC 1141 – Writing about Literature ^{iv} (Communication)		<ul style="list-style-type: none">Meet with your advisor to confirm or update your academic/career pathway and program of study.Ask about transfer advising to discuss options to pursue the bachelor's degree.Continue collecting artifacts from courses for your Academic & Career Portfolio in SLS 2370
MAC 1140 – Precalculus ^{iv} (Mathematics core/Prerequisite)		
MAC 1114 - Trigonometry ^{iv} (Elective Prerequisite)		
BSC 2011C – General Biology II with Lab (Elective Prerequisite) (4 cr)		
TOTAL SEMESTER CREDIT HOURS: 13		
SEMESTER 3		ACTION ITEMS
Choose one: LIT 2000 – Introduction to Literature OR Any general education AML, ENL, LIT, PHI or REL courses (Humanities) ^{iv}		<ul style="list-style-type: none">Meet with your advisor to confirm or update your academic/career pathway and program of study.Ask about transfer advising to discuss options to pursue the bachelor's degree.Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">You can start the FAFSA in October for the next academic year. (i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024)Check with your advisor for important deadlines and datesContinue collecting artifacts from courses for your Academic & Career Portfolio in SLS 2370
Choose one: SPC 2608 – Public Speaking OR SPC 1017 – Oral Communications OR SPC 1061 – Introduction to Academic and Professional Speaking ^{iv} (Communications)		
MAC 2311 – Calculus I ^{iv} (Elective Prerequisite) (4 cr)		
TOTAL SEMESTER CREDIT HOURS: 10		

SEMESTER 4	ACTION ITEMS
HUN 1201 – Human Nutrition (<i>Elective Prerequisite</i>)	<ul style="list-style-type: none">• Begin applying to your top choice universities.• Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">◦ You can start the FAFSA in October for the next academic year. (<i>i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024</i>)• Check with your advisor for important deadlines and dates
CHM 2045/L – General Chemistry I/Lab (<i>Physical Science/Prerequisite</i>) (4 cr)	
SLS 2370 – Personal Academic & Career Engagement ^{iv} (3rd Soc Sci)	
BSC 2085/L – Anatomy & Physiology I/Lab (<i>Elective Prerequisite</i>) (4 cr)	
TOTAL SEMESTER CREDIT HOURS: 14	
SEMESTER 5	ACTION ITEMS
BSC 2086/L – Anatomy & Physiology II/Lab (<i>Elective Prerequisite</i>) (4 cr)	<ul style="list-style-type: none">• After reviewing your final program of study, apply for Graduation.<ul style="list-style-type: none">◦ Meet with your advisor to apply for the degree.◦ Sign up for commencement.• Request final transcripts to be sent to the college or university to where you will transfer.• Congratulations, graduate!
CHM 2046/L – General Chemistry II/Lab (<i>Elective Prerequisite</i>) (4 cr)	
PSY 2012 – General Psychology (<i>Social Science core/Prerequisite</i>)	
Choose one: MUL 1010 – Music Appreciation OR THE 2000 – Theatre Appreciation OR ARH 1000 – Art Appreciation OR HUM 2020 – Introduction to Humanities ^{iv} (<i>Humanities core</i>)	
TOTAL SEMESTER CREDIT HOURS: 10	
AAPK DEGREE MINIMUM: 60 SEMESTER CREDIT HOURS PATHWAY TOTAL: 64 CREDIT HOURS	

ⁱ Degree plans may change in later catalogs. You may use this pathway if you entered the college on or before this date.

ⁱⁱ Students must earn at least 25% of the credit hours (15 hours) required for graduation through instruction by FGC to award the degree.

ⁱⁱⁱ This is not an official degree plan. For official degree requirements, [click here](#).

^{iv} You must earn a grade of "C" or better in all Gordon Rule classes.

APPLIED PHYSIOLOGY AND KINESIOLOGY (60 Credits)

Guided Pathway: Associate of Arts; Concentration: Applied Physiology and Kinesiology (PART TIME).

For more information, visit www.fgc.edu and your academic advisor.

Meta-major: Health Sciences

University Transfer: FSU, UF

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Note: All AA degrees must satisfy the Foreign Language requirement for graduation. Please see catalog

SEMESTER BY SEMESTER MAP FOR PART-TIME STUDENTS



PART-TIME PATHWAY

SEMESTER 1		ACTION ITEMS	
ENC 1101 – Freshman Composition I ^{iv} (Communication core)		<ul style="list-style-type: none">Meet with your advisor to confirm academic and career goals by the end of the semester.REQUIRED: Complete the <i>Computer Competency</i> course within Canvas.Consult your advisor to make sure you have met <i>the Foreign Language requirement</i>.Remember to start collecting artifacts from your courses for your Academic & Career Portfolio in SLS 2370Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">You can start the FAFSA in October for the next academic year. (i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024)	
MAC 1105 – College Algebra ^{iv} (Mathematics core)			
TOTAL SEMESTER CREDIT HOURS: 6			
SEMESTER 2		ACTION ITEMS	
Choose one: ENC 1102 – Freshman Composition II OR CRW 2001 – Creative Writing OR ENC 1141 – Writing about Literature ^{iv} (Communication)		<ul style="list-style-type: none">At the end of the semester, begin research on college and universities where you want to seek to transfer. Meet with a career advisor/coach to research your career options with a degree in <i>Applied Physiology and Kinesiology</i>.Continue collecting artifacts from courses for your Academic & Career Portfolio in SLS 2370	
MAC 1140 – Precalculus ^{iv} (Mathematics core)			
TOTAL SEMESTER CREDIT HOURS: 6			
SEMESTER 3		ACTION ITEMS	
MAC 1114 - Trigonometry ^{iv} (Mathematics core)		<ul style="list-style-type: none">Meet with your advisor to confirm or update your academic/career pathway and program of study.Signup for and pass the Florida Civic Literacy Exam.Continue collecting artifacts from courses for your Academic & Career Portfolio in SLS 2370Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">You can start the FAFSA in October for the next academic year. (i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024)	
Choose one: AMH 2020 – US History from 1865 OR POS 1041 – American Government ^{iv} (Social Science & civic literacy)			
BSC 2010C – General Biology I with Lab (Biological Science Core/Prerequisite) (4 cr)			
TOTAL SEMESTER CREDIT HOURS: 10			
SEMESTER 4		ACTION ITEMS	
MAC 2311 – Calculus I ^{iv} (Elective Prerequisite) (4 cr)		<ul style="list-style-type: none">Meet with your advisor and ask about transfer advising to discuss options to pursue the bachelor’s degree.Continue collecting artifacts from courses for your Academic & Career Portfolio in SLS 2370	
BSC 2011C – General Biology II with Lab (Elective Prerequisite) (4 cr)			
TOTAL SEMESTER CREDIT HOURS: 8			

SEMESTER 5		ACTION ITEMS	
Choose one: SPC 2608 – Public Speaking OR SPC 1017 – Oral Communications OR SPC 1061 – Introduction to Academic and Professional Speaking ^{iv} (Communications)		<ul style="list-style-type: none">Meet with your advisor to confirm academic and career goals by the end of the semester.Meet with a career advisor/coach to research your career options.Continue collecting artifacts from your courses for your Academic & Career Portfolio in SLS 2370.Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">You can start the FAFSA in October for the next academic year. (i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024)	
PSY 2012 – General Psychology (Social Science prerequisite)			
Choose one: MUL 1010 – Music Appreciation OR THE 2000 – Theatre Appreciation OR ARH 1000 – Art Appreciation OR HUM 2020 – Introduction to Humanities ^{iv} (Humanities core)			
TOTAL SEMESTER CREDIT HOURS: 9			
SEMESTER 6		ACTION ITEMS	
CHM 2045/L – General Chemistry I/Lab (Physical Science/Prereq) (4 cr)		<ul style="list-style-type: none">Meet with your advisor to confirm or update your academic/career pathway and program of study.	
SLS 2370 – Personal Academic & Career Engagement ^{iv} (3rd Soc Sci)			
TOTAL SEMESTER CREDIT HOURS: 7			
SEMESTER 7		ACTION ITEMS	
BSC 2085/L – Anatomy & Physiology I/Lab (Elective Prerequisite) (4 cr)		<ul style="list-style-type: none">Begin applying to your top choice universities.Begin applying for Financial Aid and Scholarships<ul style="list-style-type: none">You can start the FAFSA in October for the next academic year. (i.e., in October 2023, you can complete the FAFSA for if you plan to register for classes at a college or university Fall 2024)Check with your advisor for important deadlines and dates	
CHM 2046/L – General Chemistry II/Lab (Elective Prerequisite) (4 cr)			
TOTAL SEMESTER CREDIT HOURS: 8			
SEMESTER 8		ACTION ITEMS	
Choose one: LIT 2000 – Introduction to Literature OR Any general education AML, ENL, LIT, PHI or REL courses (Humanities) ^{iv}		<ul style="list-style-type: none">After reviewing your final program of study, apply for Graduation.<ul style="list-style-type: none">Meet with your advisor to apply for your degree.Sign up for commencement.Request final transcripts to be sent to the college or university to where you will transfer.Congratulations, graduate!	
HUN 1201 – Human Nutrition (Elective Prerequisite)			
BSC 2086/L – Anatomy & Physiology II/Lab (Elective Prerequisite) (4 cr)			
TOTAL SEMESTER CREDIT HOURS: 10			
AAPK DEGREE MINIMUM: 60 SEMESTER CREDIT HOURS PATHWAY TOTAL: 64 CREDIT HOURS			

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