

PSY2012 0I5 – General Psychology Spring 2026 – A8

Online

Instructor Information

Name: Sha'Leda A. Mirra, Adjunct Professor of Psychology

Email: shaleda.mirra@fgc.edu or through Canvas message. I will respond to your

correspondence within one business day.

Office: Online via Zoom

Office Hours: Monday 11:00am-12:00pm (Online by appointment)

Thursdays 4:00-5:00pm (Online by appointment)

Office Phone: 352-247-2383

Other Available Hours: Per Request by Appointment

Virtual Hours: Monday 11:00am-12:00pm (Online by appointment)

Thursdays 4:00-5:00pm (Online by appointment)

Office Hours Link: https://us02web.zoom.us/j/86864818018

Course Information

Credits: 3

Requirements Met: AATR, GE, GEC, GR

General Education Area: Group 2 Social Science

Prerequisites: Completion of ENC0025 and REA0017 with a grade of C or better, or ENC0027C with a grade of C or better, or score out on an accepted placement test.

Course Description

Study of adaptation of the individual to his environment to provide a basis for understanding human behavior.

Required Texts/Learning Resources

Grison. Psychology in Your Life. 4th edition. W.W. Norton & Company, 2022. ISBN-13: 978-0393877533.

General Learning Outcomes

• Critical Thinking: Students will logically evaluate, analyze, and synthesize information.

State Course Learning Outcomes

At the end of the course, you will be able to:

1. Define psychological terms accurately & scientifically.

- 2. Identify different fields within the practice of psychology.
- 3. Interpret research findings related to psychological concepts.
- 4. Analyze human behaviors through the lenses of perception, physiology, and social factors.
- 5. Identify historical and current psychological theories.
- 6. Identify the characteristics of major psychological disorders and diagnoses.
- 7. Analyze the various approaches for treatment of psychological disorders.

Critical Dates - Spring 2026

Event
Spring H Term start
Add/Drop period for Spring H
Deadline for student-initiated withdrawals – H
Course End Date – H
Spring A16 and A8 classes start
Add/Drop period for Spring A8
Add/Drop period for Spring A16
Martin Luther King, Jr. Day – No Classes
Spring B12 classes start
Add/Drop period for Spring B12
President's Day – No Classes
Deadline for student-initiated withdrawals – A8
Spring B10 classes start
Add/Drop period for Spring B10
Course End Date – A8
Spring B8 classes start
Add/Drop period for Spring B8
Spring Break
Deadline for student-initiated withdrawals – A16
Deadline for student-initiated withdrawals – B12
Deadline for student-initiated withdrawals – B10
Deadline for student-initiated withdrawals – B8
Course End Date – A16, B12, B10, B8

Schedule of Class Events

Module	Dates	Topic(s)	Coursework
START HERE	1/12-1/14 MODULE DUE WEDNESDAY	Course Introduction	Explore the Topic: • Instructor Information • Course Information • Learner Support • About FGC Coursework (Assignments): • Class Introductions (post due Wednesday,
1	1/12 1/10	D 11:	responses due Sunday) • Syllabus Quiz (due Wednesday) Explore the Topic:
1	1/12-1/18	Psychology in Your Life	 Read Chapter 1 Watch lectures Coursework (Assignments): Complete Chapter 1 Reading Quiz Complete Personal Reflection Complete Exit Ticket
2	1/12-1/18	• The Role of Biology in Psychology	 Explore the Topic: Read Chapter 2 Watch lectures Coursework (Assignments): Complete Chapter 2 Reading Quiz Complete Nature and Nurture Effects Video Reflection Complete Exit Ticket
3	1/19-1/25	• Consciousness	 Explore the Topic: Read Chapter 3 Watch lectures Coursework (Assignments): Complete Chapter 3 Reading Quiz Complete Sleep and Consciousness Diary (due Thursday) Complete Sleep Diary Reflection Complete Exit Ticket
4	1/19-1/25	Development Across the Lifespan	Explore the Topic: • Read Chapter 4 • Watch lectures Coursework (Assignments): • Complete Chapter 4 Reading Quiz • Complete Letter to My Past or Future Self

Module	Dates	Topic(s)	Coursework
			Complete Exit Ticket
5	1/26-2/1	Sensation and Perception	Explore the Topic: Read Chapter 5 Watch lectures Coursework (Assignments): Complete Chapter 5 Reading Quiz Complete Sensation Storyboard Brainstorming Activity (due Thursday) Complete Sensation Storyboard Video Assignment Complete Exit Ticket
6	1/26-2/1	LearningMemory	 Explore the Topic: Read Chapters 6 and 7 Watch lectures Coursework (Assignments): Complete Chapters 6 and 7 Reading Quizzes Complete Learning and Memory Discussion Board Complete Exit Ticket
7	2/2-2/8	• Semester GLO Project: Part 1	 Explore the Topic: Watch lectures Coursework (Assignments): Complete Psychology in Your Life (Part 1) GLO assignment Complete Exit Ticket
8	2/2-2/8	Thinking and Intelligence	 Explore the Topic: Read Chapter 8 Watch lectures Coursework (Assignments): Complete Chapter 8 Reading Quiz Complete Human vs. AI Intelligence Case Study (Part 1) (due Thursday) Complete Human vs. AI Intelligence Case Study Complete Exit Ticket
9	2/9-2/15	Motivation and Emotion	Explore the Topic: • Read Chapter 9 • Watch lectures Coursework (Assignments):

Module	Dates	Topic(s)	Coursework
			 Complete Chapter 9 Reading Quiz Complete Motivation Transformation Log (due Thursday) Complete Motivation Transformation Video Reflection Complete Exit Ticket
10	2/9-2/15	Health and Well- Being	Explore the Topic: Read Chapter 11 Watch lectures Coursework (Assignments): Complete Chapter 11 Reading Quiz Complete Stress Score Activity Complete Exit Ticket
11	2/16-2/22	Social Psychology	 Explore the Topic: Review Chapter 12 Watch lectures Coursework (Assignments): Complete Chapter 12 Reading Quiz Complete Group Behavior Observation Log (due Thursday) Complete Group Behavior Case Study Complete Exit Ticket
12	2/16-2/22	• Self and Personality	Explore the Topic: Read Chapter 13 Watch lectures Coursework (Assignments): Complete Chapter 13 Reading Quiz Complete Pet Personality Video Assessment Complete Exit Ticket
13	2/23-3/1	• Semester GLO Project: Part 2	 Explore the Topic: Watch lectures Coursework (Assignments): Complete Psychology in Your Life (GLO Part 2) Complete Psychology in Your Life Synthesis Reflection Complete Exit Ticket
14	3/2-3/6	Psychological Disorders	Explore the Topic: • Read Chapters 14 and 15

Module	Dates	Topic(s)	Coursework
		• Psychological Treatments	Watch lecturesCoursework (Assignments):
			 Complete Chapters 14 and 15 Reading Quizzes
			 Complete Mental Health Myth-Busting Activity (due Thursday)
			Complete Mental Health Myth-Busting Case Study
			Complete Exit Ticket
15	3/2-3/6	Final Reflection	Explore the Topic: • Watch lectures Coursework (Assignments):
			 Complete Final Personalized Wellness Strategies Activity
			 Complete Exit Ticket

Student Expectations

Attendance

While attendance itself doesn't count as a "grade" in this class, it's still important for you to be here and be engaged because the more actively engaged you are in your courses, the stronger learning and better grades you tend to earn. Even though this is an online course, you will need to spend a substantive amount of time in our course (think around 3 hours per module). Be sure to show up for yourself this semester!

You might be wondering what attendance looks like in an online class like ours, so let's set up some definitions. For official purposes, attendance in our class is tied to assignment submissions. If you have submitted an assignment for that module, you've attended class for that module. This primarily affects you being dropped from the class during the Add/Drop period, the date for a potential withdrawal, and a date I will have to put with your final grades if you earn a D/F.

Unofficially, I will be monitoring how much time you are spending in our course and how frequently you access our Canvas course. This doesn't directly affect your grade (you don't have to spend X number of hours in the course to get an A, for example), but it will help me see if you are or are not accessing parts of the course like lectures. If you are just completing the tasks on your To-Do List and not fully engaging with the course materials, I am able to see that and may mark as such if you have trouble with an assignment and I see you haven't worked with the course resources.

The #1 way to fail this course is to not engage yourself in the modules with the learning resources, so be sure to be an active student—it's eight weeks, so fake it if you have to for just that long!

Courtesy and Student Conduct Code

Inappropriate, disruptive, and/or insulting behavior will not be tolerated in this class. If I feel that a student is acting in a manner not suiting the conduct guidelines in the student handbook, I will remove the student. This includes any online portion of the class; often times when students are posting on Canvas, they forget that actual people will be reading their comments. Remember to treat your peers with the respect that you wish to receive yourself. Peers are valuable tools in your education. I reserve the right to have a student withdrawn or to assign an early grade to any student enrolled in my courses.

Policy on Missed Exams and Coursework

Students should be forewarned that my policies on missed and late work in this class are strict and rigid. There are very few exceptions to the following late policies:

- All late assignments will result in a 20% per day reduction.
- The following assignment types may NOT be submitted late for any reason:
 - o Reading quizzes
 - Exit Tickets
 - Course Final
 - o Any extra credit opportunities that may be offered

Students should promptly contact me when an unforeseen, legitimate circumstance beyond their control (i.e., things that do not involve a choice, like documented illness or medical emergency; family funeral; athletic travel) may potentially result in a missed assignment deadline. Students who foresee missing assignment deadlines due to voluntary travel or other circumstances within the student's control should submit work early.

Likewise, note that a lack of access to internet services is not a valid excuse for missing or late work. As a student, it is your responsibility to figure out a way to submit your work. The library on campus is open after hours and there are many public spaces with free Wifi (your public library, Panera, McDonalds, etc.). Take advantage of the Canvas app and other services on your phone as well, if possible. Further, if Canvas is down or not letting you submit, you should email the assignment to me as an attached PDF or .docx file from your FGC Wolves email account.

<u>Additional Course Policies</u>

Plagiarism: The minimum penalty for intentional academic dishonesty on any assignment is a zero, and the student will not be able to revise the assignment. Examples of such dishonesty include—but are not limited to—the following:

- Passing off another entity's (person or AI) work as your own.
- Using another entity's (person or AI) ideas as your own without giving proper credit to the source.
- Paraphrasing another entity's (person or AI) writing and representing it as your own.
- Using your own writing from a previous class as assignment submissions in this course.

If you are tempted to plagiarize in this class, please come talk to me. Plagiarism generally occurs when students are overwhelmed, confused, or running out of time. We can work through all of these scenarios together, but I need you to reach out **BEFORE** the plagiarism occurs.

Grading Policies (Student Performance Measures)

Learning Activities

Module Assignments (50%): These include video responses, discussion boards, activities, case studies, etc. These assignments are meant to reinforce learning for that module through guided practice and discussion. Modality will vary based on the skills covered in that particular module. Note that case studies are worth more in this category than regular module assignments.

Semester GLO Project (25%): This project involves two parts made up of four journal entries and a synthesis reflection. Each item is worth roughly 5% of your total grade in the course.

Course Final (5%): This reflection activity gets you to create an action plan utilizing the skills and knowledge you've learned over the course of the semester.

Quizzes (15%): There will be chapter reading quizzes throughout the course. These are open note, open book quizzes. You will get one attempt and 20 minutes per quiz.

Exit tickets (5%): These short reflection activities will occur at the very end of most course modules; they are graded on completion.

Grading Scale

A - 90% - 100%

B - 80% - 89.9%

C - 70% - 79.9%

D - 60% - 69.9%

F - 59.9% or below

Returning Grades

I will grade most assignments within one week of the due date. For more expansive assignments, I will return them within two weeks. This gives me ample time to provide constructive, useful feedback to help you progress and grow as a student in this course.

Student Support and Tech Needs

This course requires students to have access to a computer and the internet. For those students who do not own a computer, computer labs are available on the FGC campus and in public libraries. Students without internet can come to the FGC campus, go to local public libraries, coffee shops, etc.

Minimal technical skills require for this course include the ability to use Microsoft Office products and navigate the Internet.

If you have any additional questions, please contact IT at 386-754-4408. You can also email the Florida Gateway College helpdesk at helpdesk@fgc.edu.

Florida Gateway College Policies and Statements

The Library

The Wilson S. Rivers Library is located in Building 200 and also includes millions of e-books and articles (https://www.fgc.edu/academics/library/index.html). The library has more than 70 computers with 50 pages daily of free B&W printing for students. There are also small and large study rooms available for two hours at a time. Click the link above for more information.

Librarians are available to assist with research help, and there are helpful videos on library searching and citation help here: (https://fgc.libguides.com/researchhelpguides).

Phone- 386-754-4401 Email- <u>library@fgc.edu</u> Ask-A-Librarian text and chat

Fall & Spring Semester Library Hours

 $Monday-Thursday: \ 7:30 \ am-7:30 \ pm$

Friday: 9:00 am – 4:00 pm Saturday: 1:30 pm – 5:30 pm

Sunday: CLOSED

Summer Semester Library Hours

Monday – Thursday: 7:30 am – 6:30 pm

Friday: CLOSED

Saturday & Sunday: CLOSED

Student Success Center (SSC)

The Student Success Center (SSC) is located in Building 008. The SSC offers a variety of resources for students and faculty. Access to computers and limited printing is available. Copies of reference books, textbooks, access to course specific software, and access to tutors for all levels of math and writing are available in the SSC. Tutoring in other subjects is also offered. The SSC provides space for students to study in subject specific learning groups. Stop by or call the Student Success Center to request the most current tutor schedule (386-754-4382).

Fall Semester SSC Hours

Monday--Thursday: 8:00am - 6:00 pm

Friday: 9:00am – 4:30pm

Spring Semester SSC Hours

Monday--Thursday: 8:00am - 6:00 pm

Friday: 9:00am – 4:30pm

Summer Semester SSC Hours

Monday – Thursday: 7:30 am - 5:00 pm

If you have any questions, you may contact the center by phone at 386-754-4479, 386-754-4382, or by emailing Christina Slater at christina.slater@fgc.edu.

EAB Navigate

The SSC initiates student progress reports to the entire campus through EAB Navigate. EAB Navigate is an early-alert tool designed to identify students who may be susceptible to falling behind in their course before they actually do.

Twice during the semester, we provide instructors with the opportunity to ALERT students of their course progress. This is done through the FGC Wolves email account. Students may receive an email stating their success may be at risk in a specific course. If you receive this email, DO NOT PANIC. Please contact your instructor directly, your academic advisor, and the SSC. Your instructor's information is provided in the email.

Navigate Student is a mobile app designed to support students during their academic careers at FGC. Navigate Student is the ultimate student resource that acts as a personal advisor and provides students with the information they need, when they need it. Additionally, students may make an appointment with an advisor, view campus events, be alerted on important to-do's, view class schedules, explore their major, and much more.

Please do not allow yourself to struggle. We are here to help you achieve success. The mission of the SSC is to help encourage and promote your educational journey here at FGC and beyond.

Class Recording

A student shall not make a recording in class unless the recording is limited to the class lecture, and

- 1. the recording is made for the student's personal educational use,
- 2. in connection with a complaint to the college, or
- 3. as evidence in or in preparation for a criminal or civil proceeding.

Students are not permitted to record in class, through any means over any medium, any academic or other activity that is not a class lecture. A recording of any meeting or conversation between students, or between students and faculty, is strictly prohibited unless all parties have consented to such recording. A recording of a class lecture may not be published without the prior express written consent of the recorded faculty member.

Resource Information

Florida Gateway College has partnered with **BetterMynd**,

(<u>https://www.bettermynd.com/students</u>) an online therapy platform for college students, to offer our students access to free video-therapy sessions with their diverse network of licensed mental health counselors.

Florida Gateway College students can now access free online therapy sessions on the BetterMynd platform with the counselor of their choice. These 50-minute, live video-sessions are private, confidential, and can take place from the convenience of your laptop, smartphone, or tablet. Sessions are available during the day, at night, and on the weekends.

To register and get started with a counselor that's a good fit for you, sign-up here. (https://app.bettermynd.com/register)

If you have any questions about these services, you can email BetterMynd at students@bettermynd.com.

If you are in the need of additional resources please contact the Director of Student Life, Amy Dekle, at amy.dekle@fgc.edu, or by visiting Building 007.

Academic Appeal; Grievances; General Complaint

If a student wishes to file an academic appeal, grievance, or general complaint, please visit the college's website. Under Students and the Complaints & Appeals section (https://www.fgc.edu/students/complaints-and-appeals.html), information regarding policy, procedure, and forms related to these topics is provided.

<u>College Course Withdrawal and Drop Process</u>

A course may be dropped only during the published add/drop period. After add/drop, students must withdrawal from their course. Please visit the <u>College Catalog</u> for more detailed information about the drop and withdrawal process.

Students are responsible for withdrawing by the published deadline. Students must allow sufficient time for the process to be completed. The fully approved withdrawal form is due to Enrollment Services by 4:30 p.m. on the deadline posted on the <u>Academic Calendar</u> or it is considered late.

To withdraw from a course, the following steps must take place:

- 1. The student obtains the instructor's authorization and last date of attendance in person or via email.
- 2. The student meets with an academic advisor, who will sign the form (Building 14). Or, if an online student, emails the advisor a statement requesting a withdrawal from the course. The email must include the instructor's email with the last date of attendance.
- 3. The advisor will complete a withdrawal form, attach the emails from the student and instructor in lieu of signatures and forward the form to Financial Aid.
- 4. A Financial Aid representative will complete and sign the form and forward the form to Enrollment Services to be processed.

Students are strongly encouraged to begin the withdrawal process the day **before** the withdrawal deadline to allow sufficient time for the process to be completed by all offices involved (Instructor, Advising Services, Financial Aid, Enrollment Services).

It is the student's responsibility to understand all financial and academic implications of the withdrawal. Students are permitted a maximum of two (2) withdrawals per course. Upon the third attempt, a student must receive a grade for the course. Absence from class or merely notifying the professor does not constitute withdrawal. A student who stops attending class without withdrawing will receive a grade from the instructor.

Incompletes

Incomplete grades are reserved for students who are unable to complete a course and the withdrawal date has passed. A student should only be issued an incomplete if at least 75% of the course assignments have been submitted and the student can reasonably complete the remaining

assignments <u>within</u> the first three weeks of the next term to earn a passing overall grade. Otherwise, students should be issued the earned letter grade in the course at the end of the current term.

The **Incomplete Grade Request Form** must be completed and submitted for approval by the **FIRST** day of Final Exams and BEFORE issuing the "I" grade. The instructor will describe the circumstances leading up to the requested "I" for the course, and list the missing assignments, quizzes, exams, and any other course requirements needed to satisfactorily complete the course **within** the **first three weeks** of the next term. The form must be signed by the instructor, student, and the Dean/Executive Director over the program. Once all participants have signed, an approval email will be sent to the instructor for authorization to assign the "I" grade.

Student Communication Standards

You are expected to communicate in a professional and respectful tone with the instructor and fellow classmates. All written communication (in email correspondence, discussion forums, assignments, quizzes and exams, etc.) must use proper written English. Please refrain from using online and texting abbreviations and language. Oral communications, if applicable, must be made with a respectful tone and body language. Use proper netiquette throughout!

Academic Honesty

At Florida Gateway College, we value the development of critical thinking, effective communication, and academic growth. To ensure fairness and uphold the principles of academic integrity, any instances of academic dishonesty (i.e., cheating, plagiarism, bribery, misrepresentation, fabrication, unauthorized use of AI technologies, etc.) are not permitted and will be dealt with severely. Students should make themselves aware of the student code of conduct found in the Student Handbook. We believe in your ability to think critically and develop your own unique perspectives. By adhering to these guidelines and committing to the principles of academic integrity, you will not only enhance your learning experience, but also foster an environment of trust and respect within our academic community.

Use of AI Technologies

The use of AI technologies to generate or assist in the creation and completion of assignments is strictly prohibited, unless explicitly allowed by the instructor as described in the course syllabus. It is your responsibility to read this thoroughly and carefully at the beginning of the semester.

Your assignments should reflect your own thoughts, analysis, and original work. Florida Gateway College employs the use of AI detection tools to assess the authenticity of your assignments. These tools are designed to identify instances of cheating and plagiarism, including the use of AI technologies. Any submissions that violate this policy will be subject to disciplinary action. If you have any questions or concerns regarding the use of AI technologies in your courses, please review your course syllabus or reach out to your instructor for clarification.

Civil Rights and Compliance Statement

Florida Gateway College does not discriminate in education or employment related decisions on the basis of race, color, ethnicity, national origin, gender, religion, disability, age, marital status,

genetic information, sexual orientation, pregnancy, or any other legally protected status in accordance with the law. The Civil Rights & Compliance Officer is Cassie Buckles, Executive Director of Human Resources, Building 001, Room 116, 149 SE College Place, Lake City, FL 32025, and may be reached at cassandra.buckles@fgc.edu or by phone at 386-754-4313.

Disability Statement

The Office of Accessibility Services (OAS) is a resource for both students with disabilities as well as faculty. Students with disabilities in need of academic accommodations must first be registered with the OAS to verify the disability, establish eligibility, and determine reasonable academic accommodations.

After registering with the OAS, students must request their academic accommodation letters be sent to them each semester to share with their instructors. Upon receipt of the letter, the instructor will be available during office hours or via email to discuss the accommodations a student will need during the course.

Students with disabilities who are not registered with the OAS or faculty who may have questions or concerns regarding an accommodation, please contact the office at the following:

In person: Building 007, Room 107

Phone: (386) 754-4393

Email: Accessibility.Services@fgc.edu

FERPA Statement

The Family Educational Rights and Privacy Act (FERPA) provides certain privacy rights to students related to educational records. This information can be found in the College Catalog, at the Office of Enrollment Services in Building 015 or on the Florida Gateway College website (www.fgc.edu/students/registration-and-records/ferpa/).

<u>SACSCOC Statement</u>

Florida Gateway College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award baccalaureate and associate degrees. Florida Gateway College also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Florida Gateway College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website (www.sacscoc.org).

Honorlock Statement

Florida Gateway College has partnered with Honorlock, an online testing proctoring service. If off-campus remote proctoring is required during any course, Honorlock will be the online proctoring service that allows you to take your exam. You **DO NOT** need to create an account, download software or schedule an appointment in advance. Honorlock is available 24/7 and all that is needed is a computer, a working webcam, and a stable Internet connection.

To get started, you will need to download the Honorlock Chrome Extension using Google Chrome. You can download the extension on the Honorlock website (www.honorlock.com/install/extension/). When you are ready to test, log into the LMS, go to your course, and click on your exam. Clicking Launch Proctoring will begin the Honorlock authentication process, where you will take a picture of yourself, show your ID, and complete a scan of your room. Honorlock will be recording your exam session by webcam as well as recording your screen. Honorlock also has an integrity algorithm that can detect search-engine use, so please do not attempt to search for answers, even if it's on a secondary device.

Honorlock support is available 24/7/365. If you encounter any issues, you may contact Honorlock by live chat, by phone at 844-243-2500, and/or by email at support@honorlock.com.

If you encounter a Canvas issue, please contact Canvas via the Canvas Help menu or by clicking the Canvas Support link within your course(s).

Turnitin Statement

Instructors may require writing assignments to be submitted to Turnitin when uploaded to Canvas. Turnitin is an internet-based service that looks for similarities and potential plagiarism by comparing your assignment submissions with its massive database of student work (including previous student submissions at Florida Gateway College), the Internet, and its entire archive, books, and journal and reference publications. Turnitin generates a <u>similarity report</u>, which can help you and your instructor determine whether you used sources fairly and ethically, cited correctly, and paraphrased effectively.

You are encouraged to submit your written work to Turnitin prior to assignment deadlines, whether through Canvas or <u>Draft Coach</u>. If needed, that would allow you time to review the <u>library's research and help guides</u> or seek writing assistance from your instructor or a tutor in the Student Success Center.

Mission Statement

The mission of Florida Gateway College is to provide superior instruction, nurture individual development, foster career readiness, and enrich the diverse communities it serves through affordable, higher quality education programs and lifelong learning opportunities.